

# MINIMALIST TRAVEL ESSENTIALS

*“Take what you need.”*

## ACCESSORIES

- Brush
- Hair Ties
- Shades

## BAG

- Alcohol Spray
- Book
- Earphones
- Lip Balm
- Mesh Bag
- Medicine
- Mints
- Passport
- Pen
- Shades
- Small Water Bottle
- Tissue
- Visa
- Wallet

## CLOTHING

- Pajamas
- Socks
- Underwear

## FACE AND MAKEUP

- Blush/Bronzer
- Brushes
- Concealer

- Essence/Serum
- Eyebrow Pencil
- Foundation
- Lipstick
- Mascara
- Moisturizer
- Sun Screen
- Toner

## FOOD AND MEDICINE

- Antacids
- Anti-Vertigo
- Drink Sachets
- Paracetamol
- Prescription Medications
- Snacks
- Vitamins

## MISC

- Band-Aids
- Mesh Bag

## OTHERS

- 
- 
- 
- 
- 
- 
- 

## PERSONAL CARE

- Body Wash/Soap
- Contact Lenses & Sterilizer
- Cotton
- Cotton Buds
- Deodorant
- Feminine Wash
- Liners
- Loofah
- Lotion
- Mosquito Repellent
- Napkin
- Perfume
- Shampoo & Conditioner
- Toothbrush & Toothpaste

## SHOES

- Flats /Sneakers
- Boots/Heels

## TECH

- Camera
- Laptop/Tablet
- Power Bank
- Travel Adapter
- Chargers

## *Tips*

- An extra T-shirt can be a life saver.
- Bring 1 casual and 1 formal pair of shoes.
- Pack a mesh bag for laundry items.
- Plan out your day-to-day outfits.

## *Notes*